



SCHOOL LUNCH AND NUTRITION POLICY

Primary, Nursery Special and Secondary Schools

January 2015

Aims

To provide a hot and nutritionally balanced, two course meal which contributes to the health of pupils and staff which promotes the benefits of healthy eating to the wider learning community in accordance with Government Nutritional Standards.

Achieved by

- Adopting a whole school approach linking with the Healthy Schools Agenda and supporting initiatives which secure the growth and overall viability of the service.
- Ensuring that the costs of the service are managed effectively.
- Increasing pupils' knowledge of the benefits of healthy eating as part of a healthy lifestyle.
- Using fresh and wholesome ingredients secured locally wherever possible.
- Ensuring that staff preparing, cooking and serving meals are suitably trained and understand the basic principles of nutrition.
- Working in facilities which are safe for staff and promote positive social interaction, allowing meals to be eaten in pleasant and safe surroundings.
- Ensuring, wherever reasonably practicable that meals meet the special dietary requirements of all pupils and staff.
- Ensuring an equitable provision for those entitled to free school meals which encourages maximum uptake.
- Ensuring adherence to the 'Requirements for School Food Regulations 2014' which came into force on 1st January 2015.
- Ensuring that fresh drinking water is readily available during the luncheon period and throughout the school day.

Objectives

- I. To ensure the Meal Policy is understood and made readily available to all those involved in the safety and wellbeing of pupils.
- II. To integrate this Policy with the Schools Development Plan and to ensure that regular performance targets are set and monitored including the uptake of paid and free meals.